1. Introduction

Character education is very important in forming superior Indonesian people. Character is a fundamental aspect of individual development, reflecting a person's values, morality, ethics, and attitudes. In the Indonesian context, where diversity of culture, ethnicity, religion, and social background is a rich characteristic, character education plays a key role in forming citizens who are responsible, caring, and globally competitive. As a nation that aims to become superior Indonesian human beings, attention to the character of students is essential. A strong study of character education methods can help us better understand how to produce individuals who have integrity, ethics, empathy, and good social skills. Through appropriate character education methods, we can help students understand the noble values of the nation and guide them to become citizens who play an active role in building a better future for Indonesia.1-3

In this context, studying methods for character education of students becomes very relevant and important. This study discusses various approaches, strategies, and best practices in shaping student character and explores how character education can contribute to creating superior Indonesian people. With a deep understanding of this method, we can design an effective and sustainable approach to shaping the character of our children so that they can
grow into individuals who are dignified, responsible, and able to compete at the global level.\textsuperscript{4,7} This study aimed to conduct a study of various methods of character education for students towards superior Indonesian human resources.

2. Methods

The literature search process was carried out on various databases (PubMed, Web of Sciences, EMBASE, Cochrane Libraries, and Google Scholar) regarding methods for character education of students towards superior human resources. The search was performed using the terms: \textit{(1) “method” OR “education” OR “character” OR “learners” AND (2) “human resources” OR “excellence.”} The literature is limited to studies and published in English. The literature selection criteria are articles published in the form of original articles about methods of character education for students towards superior human resources. Studies were conducted in a time frame from 2013-2023, and the main outcome was methods for character education for students towards superior human resources. Meanwhile, the inclusion criteria were studies that were not related to methods of character education of students towards superior human resources, the absence of a control group, and duplication of publications. This study follows the preferred reporting items for systematic reviews and meta-analysis (PRISMA) recommendations.

![PRISMA flowchart](image)

3. Results and Discussion

Example-based education

Teachers and other adults have a role as primary models for students. Students tend to imitate the behavior and attitudes they see in people they respect and consider as role models. Consistency in good behavior and positive character is essential. Teachers and adults must demonstrate moral and ethical values consistently across situations and times. Teachers and adults must have a high degree of self-awareness.
of their own behavior. They must always strive to improve the quality of their character and avoid behavior that is contrary to the values they want to teach. Teachers and adults must have open communication with students. They must be able to explain and respond to students’ questions about character and morality. Apart from just being an example, teachers and adults can also provide constructive guidance and encouragement to students to help them understand and develop positive character. Teachers and adults have a moral responsibility to shape students’ character well. They must understand that their actions and words have a direct impact on students’ character development. Teachers and adults must care about students’ character development and respond with empathy to the needs and problems students face. By demonstrating good behavior and positive character, teachers, and adults can provide a strong foundation for the formation of student character. This creates an educational environment that supports the development of positive values and helps students understand ethical and moral values that will help them become human beings who contribute positively to society.8-12

**Story and fairy-based learning**

The use of stories, fairy tales, or moral stories in character education is a very effective method for helping students understand character values in an interesting and emotional way. Moral stories often reflect human experiences in facing moral dilemmas or everyday life situations. This allows students to relate and relate the stories to their own experiences. Moral stories can create emotional bonds with the characters in the story. This makes learning about character and values more in-depth and relevant. Moral stories often contain universal messages that apply to various cultures and contexts. It helps students understand relevant values around the world. Using stories as a learning tool allows teachers and students to discuss the characters’ choices in the story, the consequences of their actions, and how moral values apply in real contexts. Moral stories often raise ethical questions and dilemmas that can stimulate students’ critical thinking. They must consider multiple points of view and make decisions based on character values. Moral stories can also help students develop empathy by experiencing the stories of characters who face problems or challenges similar to those they might experience in everyday life. Moral stories often depict the journey of characters experiencing growth and positive changes in their character. This can inspire students to strive to become better versions of themselves. When stories, fables, or moral tales are used well in the context of character education, they can be a powerful tool for helping students understand, internalize, and apply character values in their daily lives. This method provides an emotional dimension that is important for character formation and helps students understand the importance of ethics, morality, and values in their lives.13-16

**Discussion and reflection**

Providing opportunities for students to discuss moral values and character and reflect on their personal experiences is a very effective approach to character education. Discussions provide a platform for students to explore character values in more depth. Through dialogue, they can discuss the meaning of these values and how these values are relevant in their lives. Discussions are an active form of learning where students not only receive information but also contribute with their own opinions, questions, and views. This helps students absorb the lesson better. Discussion involves students’ speaking and listening skills. This allows them to practice important communication skills in interacting with others and participating in social dialogue. Through discussion, students can explore diverse perspectives on character values. They can listen to other people’s views and learn to respect differences of opinion. Discussions can also trigger a process of reflection on students’ personal experiences. They can reflect on their own actions in relation to the character values being discussed. Discussion helps students relate character values to real situations in their daily lives. This allows them to better apply those values in practical situations. Discussions often involve problem-solving
and decision-making related to character values. It helps students learn how to face moral dilemmas and make ethical decisions. Discussions create an environment where students feel comfortable to ask questions, express their views, and participate in open and supportive dialogue. Through discussions, students not only learn about character values but also develop a deeper understanding of the importance of values. This in their lives. This approach allows character education to be a meaningful, interactive experience that encourages reflection, consideration, and taking positive action.17,18

Structured character program

Implementing a structured character program in an educational context is an effective approach to shaping student character. This program includes a variety of elements designed to teach character values and help students understand them deeply. Schools can develop a curriculum specifically dedicated to teaching character values. This can include specific subjects or character components that are integrated within existing subjects. Learning materials must cover various aspects of character, such as integrity, honesty, empathy, a sense of responsibility, and others. The material may include relevant theory, examples, and case studies. Extracurricular activities such as character clubs, social projects, and activities that support character development can be an important part of the program. This gives students the opportunity to apply character values in real life. Character programs should focus on developing the attitudes and skills necessary to implement character values. This can include communication skills, conflict resolution, emotion management, and more. An appropriate evaluation and assessment system must be used to measure student character development. This can include formative and summative assessments. Teachers need to be trained to teach and facilitate student character development. This training helps teachers understand effective approaches to character education. Involving parents in character programs can help create consistency between what is taught at school and at home. Schools can hold meetings with parents, send information about character values, and involve them in character-related activities. A school culture that supports character is an environment where character values are given attention and practiced by the entire school community, including teachers, staff, students, and parents. A structured character program aims to create a consistent and comprehensive approach to character education. With various components that are well structured, schools can provide a strong foundation for the development of students' character and help them become individuals who are responsible, ethical, and contribute positively to society.19,20

4. Conclusion

Students' character education is an integral component in forming individuals who are responsible, ethical, and contribute positively to society. Teachers and other adults play a key role in modeling good behavior and a positive character to students. They must be consistent in showing character values. Using stories, fables, and moral tales helps students understand character values in an engaging and emotionally motivating way. These stories create emotional bonds and help students reflect on their personal experiences. Providing opportunities to discuss moral and character values and reflect on students' personal experiences is an effective method for helping students understand character values in depth. This facilitates deep understanding and development of critical thinking skills. Implementation of a structured character program with a dedicated curriculum ensures that character education becomes an integral part of the student's educational experience. This involves subjects, extracurricular activities, teacher training, and involving parents. With a holistic and sustainable approach to character education, students can internalize character values, develop critical thinking skills, and understand the importance of ethics and morals in their lives. Character education prepares them to face world challenges with integrity, empathy and responsibility, and contribute to creating a better and more harmonious society.
5. References

17. Gaventa J, Barrett GA. The role of character education in addressing the challenging behaviors of students with EBD. Behavioral Disorders. 2022; 37(1): 37-49.